

# THE CREATIVE PARENT

## SYMPOSIUM

14TH MAY  
2024

# TIMETABLE

TIME	WHAT	SPACE
9.30am	Registration in café	Café
10 - 10.15am	Intro – Let’s move together	Theatre
10.15 – 11am	Keynote – Lucy McCrudden	Theatre
11 – 11.10am	Adaire to Dance: Sharing of R&D <i>of Tender Steps</i>	Theatre
11.10 - 11.20am	Q&A	Theatre
11.30 – 12.30pm	Panel discussion: Parenthood’s Impact on Artistry	Theatre
12.30 - 1.30pm	<b>FREE Lunch</b>	Café
1.30 - 2.10pm	Take Flight Workshop (The Gramophones)   Networking / sharing of ideas Hub	Studio 1 or Theatre
2.15 - 2.45pm	Sarah Hinds – The Garden and BAPAM	Theatre
2.45 – 3pm	<b>Coffee Break</b>	Café
3pm – 3.45pm	Round Robin Discussions: Your Voice Matters	Theatre
3.45 – 4pm	Reflection: Embrace Celebrate, and Absorb	Theatre

## **Intro – Let's Move Together**

Join us for a brief yet invigorating session led by Alice Marshall. We'll create a communal space to connect, setting the tone for a day of inspiration and collaboration.

## **Keynote: Lucy McCrudden – Dance Mama**

Lucy McCrudden, the visionary behind Dance Mama, takes us on a reflective journey spanning a decade of Dance Mama's evolution. Drawing parallels across artistic disciplines, Lucy calls for collective action to drive meaningful reform.

## **Tender Steps: Work-in-Progress**

Adaire to Dance unveils *Tender Steps*, a work-in-progress to be presented online during Baby Loss Awareness Week 2024.

**Trigger Warning.** *Artistic Director Alice Marshall's personal journey ignites this creation, with a respectful note of caution for sensitive content, but feel free to leave the space if required.*

## **Q&A**

Dive deeper into Adaire to Dance's presentation with an interactive Q&A session. Share your insights and reflections in a collective exchange of ideas.

## **Panel Discussion: Parenthood's Impact on Artistry**

Explore the influence of parenthood on artistic expression in a dynamic panel discussion. Delve into the challenges, joys, and nuanced wonders of balancing parenthood with creativity. Your questions and perspectives are encouraged.

## **Take Flight Workshop**

Join The Gramophones for a multi-sensory workshop that sparks imagination and curiosity, not only for babies present but for all participants. Experience a unique approach to parent-child engagement, inspiring new ideas for artistic collaboration.

## **Sarah Hinds**

The talk will cover Sarah's experience of being a creative parent and the support she offers to singers, dancers, musicians and other creatives at The Garden. She will also introduce her work with BAPAM (British Association for Performing Arts Medicine) and the free support available to performers.

## **Round Robin Discussions: Your Voice Matters**

Take the floor and engage in candid discussions as a creative parent. Guided by initial topics, this session encourages open dialogue and the sharing of diverse perspectives.

## **Reflection: Embrace, Celebrate, and Absorb**

As we draw our event to a close, let's take a moment for reflection. Together, we'll celebrate the connections made, absorb the insights gained, and embrace the collective spirit of creativity that has infused our time together.

# KEY-NOTE

Lucy McCrudden is Founder/CEO of Dance Mama™ CIC, advocating and celebrating professional dancing parents, highlighting their issues and providing inspiration, information and support. Lucy's 22-year career has dove-tailed her own work with key positions in learning and participation with world-class organisations including The Place and The Royal Opera House.



LUCY MCCRUDDEN

She has taught over 19,000 people and has engaged with a wide variety of cultural organisations in consulting, management, choreography and presenting/public speaking roles. An Ambassador for PiPA Campaign and Secretariat - Active Pregnancy Foundation's Scientific Advisory Board, she received an Honourable Mention for the inaugural AWA Woman in Dance Award, won One Dance UK's Change Maker Award 2022, in the same year she delivered her TEDx talk as she embarked on her PhD at Christ Church Canterbury University. In 2023 she co-Founded the AHRC-funded International Parenting and Dance Network and was shortlisted for *This Mum Moves* Ambassador of the Year.

*(Photo Credit Pierre Tappon)*

## ADAIRE TO DANCE

Adaire to Dance is a Midlands based company under the Artistic Direction of Alice Marshall.

Their aim is to create and perform work that will impress, captivate and entertain everyone from a dance enthusiast to a dance novice. The company works predominantly in a contemporary dance style with work spanning from humour, film and pure movement, giving a diverse insight into the world of contemporary dance.

## THE GRAMOPHONES

The Gramophones are a playful, female theatre company, who devise honest theatre placing the audience at the centre of their performances. They use inventive storytelling, physical theatre, clowning, circus and autobiographical work to create accessible theatre.

They have been commissioned to make work by Derby Feste, Creative Arts East, First Art and Shire Hall Dorset. They have toured with various rural touring schemes and to small-scale theatre venues, receiving seven successful ACE Grants for the Arts Awards.

## BOBAK CHAMPION

Baba (dad) to Mina – age 3. Frustrated by media and public discourse Bobak is motivated to make work which changes the conversation on all things Middle Eastern. His work is “an antidote to the hateful anti-Muslim rhetoric spouted by the likes of Donald Trump”, The Scotsman.

## SHELLY EVA HADEN

Shelley Eva Haden, a Birmingham-based dance artist, earned a First-Class BA (Hons) in Contemporary Dance Performance in 2014. With credits spanning choreography, education, and stage performances internationally, she recently premiered SHE SWIMS, featuring a 50-strong all-female cast.

Learn more at: [www.shellevevahaden.com/sheswims](http://www.shellevevahaden.com/sheswims)

## GEMMA MARMALADE

Dr. Gemma Marmalade is a British artist and academic where her practice and research playfully negotiates performance with image to reveal unanticipated outcomes from normative experiences. Gemma leads the Photography department, working within Senior Leadership for the University of Derby, UK, as well as being an academic contributor to the Creative Industries in Las Vegas, Nevada.

## BETH SHELDON

I'm 8 years into juggling being the main carer for my two children and running Maison Foo. As I dictate the flow of Foo, we have still achieved a lot over the years. Made a touring show, and regionally toured, made art installations, a multisensory theatre show, put on a number of big community led events, ran a regular Creative Sanctuary Group for 3 years and are currently working as storyteller in residence for Make/Shift (Creative People and Places Amber Valley).

[www.maisonfoo.co.uk](http://www.maisonfoo.co.uk) @maisonfoo

## ROB VALE

Rob Vale is a video projection artist, founder of Illuminos, along with his brother Matt. Creating visually inventive, memorable artworks and experiences, their artworks are spectacular and magical, always specific to location and viewer. They work internationally, across projections, theatre, installation, and operas. Rob's children are now 16 and 11.

[www.illuminos.co.uk](http://www.illuminos.co.uk) @illuminosvales

## SARAH HINDS (BAPAM)

Sarah Hinds is a BACP accredited and BAPAM (British Association for Performing Arts Medicine) registered counsellor, supervisor and BSc tutor at Sherwood Psychotherapy Institute.

She studied fine art, is a singer/songwriter and played bass guitar in the UK's first all-mum punk band.

Having worked in HE for many years she now runs The Garden, an outdoor therapy centre near Derby. <https://sarahhinds6.wixsite.com/the-garden>

## HAVE YOUR SAY



During this event there will be opportunities for you to give your opinions on parenthood in the creative industries. The above QR code takes you to a Padlet to be utilised in the Networking and Round Robin sessions.

Your voice is vital to understanding the breath of the Creative Parent, so please do share. These thoughts will form a base for further research.

**Throughout the day, we'll be capturing moments to preserve and share the essence of this event. If you prefer not to appear in any photographs, please inform Alice, and she'll coordinate with the photographer to respect your privacy.**

# HOW TO FIND US

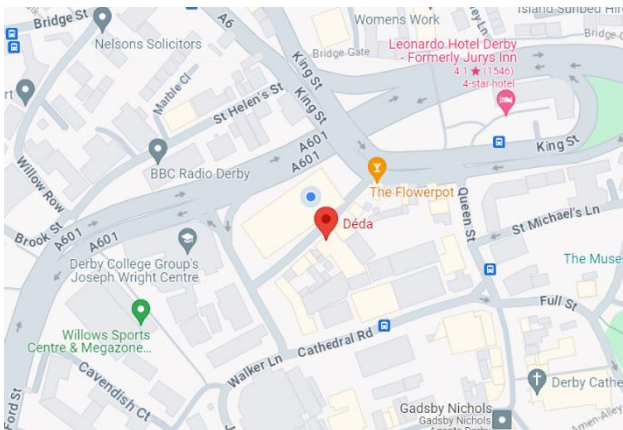
VENUE: [DÉDA](#)

**Déda.**

**19 Chapel Street,**

**Derby,**

**DE1 3GU**



## VIA CAR

**Sat Nav: DE1 3GU**

**Parking:** Chapel Street car park (opposite) Parking will be validated to cap at £1.70 for those attending the event. Please Validate parking card at Box Office.

## VIA PUBLIC TRANSPORT

Déda is located in Derby's Cathedral quarter, 10 minutes' walk from the main bus terminals on Moreledge and 25 minutes' walk from the train station.

From the city centre, walk past Derby Cathedral to the end of Queen Street and turn left. At the Flowerpot pub turn left again, Déda is ahead on the left-hand side.

There are bike racks outside Déda's main entrance.



“A huge thank you for attending this event and sharing your lived experiences.

This new initiative is evolving, and I would value any feedback you may have.

*The Creative Parent* is part of my on-going research at UoD, and I hope to provide more events like this in the future.

Many thanks again from me and my two mini-me’s.”

*Alice Marshall*

*The Creative Parent co-ordinator*

[a.e.a.marshall@derby.ac.uk](mailto:a.e.a.marshall@derby.ac.uk)

