



UNIVERSITY OF
DERBY

**Health and Social Care
Research Centre**

Issue 3 - October 2018

In this edition you can read about...

- New colleagues within the HSC Research Centre.
- A new Visiting Research Fellow within the college.
- Past and upcoming Health and Social Care events.
- An exciting research project being undertaken by Gerri Mortimore (Post-Registration Healthcare).

Welcome to the team



Professor Sue Dyson

Professor of Nursing /
Head of HSC Research
Centre

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Sue Dyson joined the team in July 2018 as Professor of Nursing and Head of the Health & Social Care Research Centre. She is a nurse and midwife by professional background, having worked for 10 years in professional practice.

Sue has worked in higher education since 1994, formerly as a lecturer in nurse education, and latterly as Head of Research for Nursing and Midwifery and Reader in Nurse Education at De Montfort University before joining Middlesex University as Professor of Nursing.

Her research focuses on volunteering and volunteerism, educational experiences of international nursing students, the educational experiences of young people with sickle cell disorder, and pedagogic research in informing nursing and midwifery education.

Books:

- Fundamental Aspects of Transcultural Nursing
- Fundamental Aspects of Research for Nurses
- Research Skills for Nurses and Midwives
- Critical Pedagogy in Nursing: Transformational Approaches to Nurse Education in a Globalised World.

Recent Publications (Full list available on UDORA):

- Dyson, Sue E. (2018) Critical Pedagogy in Nursing: Transformational Approaches to Nurse Education in a Globalized World. Palgrave Macmillan, London UK.
- Dyson, Sue E. and Liu, Liang Q. and van den Akker, Olga and O'Driscoll, Mike (2017) The extent, variability, and attitudes towards volunteering among undergraduate nursing students: implications for pedagogy in nurse education. Nurse Education in Practice, 23. pp. 15-22.

Yoon Irons joined the Health and Social Care Research Centre in May 2018 as a Senior Research Fellow in Arts & Health. Prior to this, Yoon has studied and worked in South Korea, Germany, Australia and the UK.

Yoon's research has focused on the health and wellbeing of participatory arts, in particular singing for people with long-term health conditions, such as cystic fibrosis, chronic pain, Parkinson's and Aphasia.

She has published in international peer-reviewed journals, including Cochrane Systematic Reviews, and has most recently completed an international research project on singing for people with Parkinson's disease, in collaboration with colleagues in China, South Korea and Australia.

Yoon is currently conducting a project 'Sing to Beat Aphasia', to evaluate the effects of group singing on the quality of life and mental health of people living with Aphasia. A film was made to feature some of the participants' experiences:

https://www.focusonability.com.au/FOA/films/Sing_to_Beat_-_Aphasia_1504.html

Outside of work, Yoon is a singer, qualified music therapist, and mother of two.



Dr Yoon Irons

Senior Research Fellow (Arts & Health)

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Recent Publications (Full list available on UDORA):

- Stewart, D. E., & Irons, J. Y. (2018). Music, public health, and health promotion: Can music be a social determinant of health? In N. Sunderland, N. Lewandowski, D. Bendrups, & B.-L. Bartleet (Eds.), *Exploring Music for Health Equity and Social Justice*, London: Palgrave Macmillan UK.
- Irons, J. Y. et al (2016) 'Singing as an adjunct therapy for children and adults with cystic fibrosis', *Cochrane Database of Systematic Reviews*, DOI: 10.1002/14651858.CD008036.pub4



Andy Rogers (VF)

Visiting Research Fellow –
Diagnostic Imaging

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Andy Rogers recently joined the College as a Visiting Research Fellow in Diagnostic Imaging. He is the Lead Interventional MPE at Nottingham University Hospitals NHS Trust and also the immediate past-President of the British Institute of Radiology.

Andy currently chairs the UK working group investigating how best to set Diagnostic Reference Levels (DRLs) in interventional procedures. He was recently on an international standards organisation IEC working group to represent the UK in a project looking at the use of dose data held in digital imaging modalities. Andy is also a member of an ICRP working group that has published a report on Diagnostic Reference Levels, and is a full member of the IEC Maintenance Team for interventional x-ray equipment.

Research interests:

- observer studies
- skin dose assessment
- optimisation in interventional cardiology and radiology

Health & Social Care Research Centre Update

Over the last three months the HSC Research Centre has worked on a number of initiatives designed to ensure the vision, mission and aims of the college and the wider university are met. This has included developing our webpage to ensure an outward focused, student friendly and text lighter visitor experience.

Second we need to better reflect current and future research within health and social care. While we continue to support established research clusters within the college, we have developed specific research themes in the following areas to better reflect the activities undertaken within the college, with our partners, and the broader context of health and social care.

COMPASSION & WELLBEING

Research within compassion & wellbeing is leading to changes in the way services are managed and delivered. Increasing numbers of clinicians are being trained in compassion-focused therapy, making it more available to services and patients.

PUBLIC HEALTH

Areas of research within public health include: promoting integrated health and social care; developing and testing new intervention; recommending most effective interventions; improving quality of care and patients experience of health care service; promoting healthy living.

VOLUNTEERING/VOLUNTEERISM

Research into the benefits of volunteering is leading to changes in the way nurse educators think about pedagogy in nurse education. By incorporating volunteering opportunities into the nursing curriculum followed by facilitated discussion, a variety of transformative pedagogies may be utilised to the advantage of student learning.

ARTS & HEALTH

The overall aim of our work within arts & health is to improve the experience of the patient through placing wellbeing and quality of life at the forefront of investigations, and providing opportunities for people to exercise their voice towards mutual recovery and social support.

WOMENS HEALTH

By helping services to better understand how their existing services support women and girls, they can make adaptations. Through helping them to collect good quality evidence they can apply for further funding to deliver appropriate services.

CRITICAL PEDAGOGY

Research within this theme is leading to changes in the way services are managed and delivered. Our research findings have influenced the corporate design of governance structures supporting both clinical education and the transition from student to registered health professional. Our ongoing research seeks to influence national policy regarding health & social care apprenticeship training.

Health & Social Care Research News

★ Kate Philips (PhD Student, HSC) was appointed as the Early Career Researcher representative on the steering committee for the Royal Society for Public Health Special Interest Group in Arts and Health in December 2017. Kate's first article *A constructive-critical response to 'Creative Health'* was published in the International Journal of Art Therapy in July 2018.

<https://doi.org/10.1080/17454832.2018.1491612>

★ Professor Susan Hogan was the keynote speaker at the 7th International Health Humanities Conference which took place in Southampton in August. She has also been invited to serve on the Advisory Board for the International Health Humanities Network and on the Interdisciplinary Expert Group of the MARCH Network UK Research & Innovation (UKRI)

To read more of the latest publications
within Health and Social Care visit
[UDORA](#)

SOME OF THE COLLEGES RECENT PUBLICATIONS:

Wiafe, Y.A et al (2018) Intrapartum ultrasound assessment of cervical dilatation and its value in detecting active labour. ([View article](#))

Bird, D. and Tozer, K. (2018) An a/r/tographic exploration of engagement in theatrical performance: What does this mean for the student/teacher relationship? ([View article](#))

Hogan, S & Bradfield, E. (2018) Creative Ageing. The Social Policy Challenge in Amigoni, D. & McMullan G (eds.) Creativity Engagement in Later Life. Abingdon, Oxford: Routledge.

Research Cluster Updates

Creative Ageing Research Development Cluster –

15 people attended the first seminar in the *#TalkCreativeAgeing* series on Tuesday 2nd October – **'Sing to Beat Parkinson's (STBP®)'** with Dr Yoon Irons. This informative and interactive seminar focused on the STBP community group singing programme for people with Parkinson's and their carers. To read more about this seminar and others in the series click [HERE](#).

The next seminar in the series is taking place on 4th December – **'Dancing with Shadows'** with Dr Beatrice Jarvis (Kingston University).

The research cluster is also holding a Creative Ageing Consortium Development meeting with potential external partners on 6th November.



Researching Arts and Wellbeing Cluster (RAW) –

18th October is the publication date of ['Learning as a Creative and Developmental Process in Higher Education: A Therapeutic Arts Approach and its Wider Application'](#) which has been co-edited by Dr Clive Holmwood and former lecturer Judie Taylor. Launch event to follow in November.

Dr Clive Holmwood and Professor Susan Hogan are also both taking part in the Creative Arts and Therapy (CAET) webinar series which is due to commence in Autumn.

Research Events



Creative Research Methods Symposium – 2nd July 2018

On the 2nd July, the Creative Ageing Research Cluster successfully hosted *#CreativeMethods18* here at the University of Derby, which included insightful presentations and activities introducing a variety of creative research methods, how they are used in practice, and opportunities and limitation of creative methods.

Key note speakers on the day were Dr Helen Kara (Independent Researcher), Professor Susan Hogan (University of Derby), Dr Dawn Mannay (Cardiff University), and Professor Pam Burnard (University of Cambridge).

This event was organised by Emily Bradfield (PhD Student & Research Assistant, HSC). To read about the day in more detail and to find out more about the keynote speakers, visit Emily's [blog](#).

Birth Shock Film Screening – 4th July 2018

The HSC Research Centre hosted the first public screening of 'Birth Shock' at the Nottingham Lakeside Centre on 4th July. The event was a retrospective film and panel discussion for The Birth Project with Professor Susan Hogan (Project Director), Professor Wendy Savage (Author of 'Birth & Power: A Savage Enquiry Revisited') and Eve Wood (Film Maker).

For more information about The Birth Project and to view the final report, click [HERE](#).



Research Showcase Event – 10th July 2018

On the 10th July, the College of Health & Social Care held its second research showcase event. Over 150 delegates registered for the event and enjoyed inspiring and diverse presentations from staff, students and alumni ranging from simulated trauma and constrained compassion. In addition this year's key note speaker was Dr Caroline Ellis-Hill from Bournemouth University who explored humanising healthcare through taking a lifeworld approach, which was particularly timely and relevant to us all.

This is an annual event and we will be calling for speakers for the 2019 showcase very soon, so please look out for further information.

Clinical Research Network (CRN) Visit – 20th July 2018

The Clinical Research Network: East Midlands visited the university on 20th July to provide presentations about the work they do and to offer guidance on how they can support those applying for and conducting NHS funded research. The day included a variety of presentations about the work of the CRN, alongside some brief and insightful presentations about the research conducted by staff within the HSC Research Centre.

More information about the CRN can be found [HERE](#).



Upcoming Events



'Dancing with Shadows' – Creative Ageing Research Seminar – 4th December 2018

This is the next seminar in our Creative Ageing seminar series and will be delivered by Dr Beatrice Jarvis (Kingston University). Tickets for all seminars in the series are free but booking is essential. To book your place click [HERE](#).



Health and Social Care Writing Retreat – 26th – 28th March 2019

The call is currently open for applications for the next Health and Social Care writing retreat which is scheduled to take place on **26th-28th March 2019** at Makeney Hall Hotel, Derbyshire.

If you would like to book a place, please complete an application form and return to Dr Jamie Bird by **7th January 2019**.



Health and Social Care Research Workshops – 2018/19

The college are internally providing some staff research workshops, delivered across the academic year. The idea is for interactive, lively workshops whereby attendees will find very practical help to take their interest in research further. The first workshop in the series is taking place on **8th November 4-6pm – What makes good research?**

To book onto any of the workshops please contact researchcentre-hsc@derby.ac.uk
For more information about the workshop series, please contact c.carter@derby.ac.uk

Projects in Development



Dr Lina Minou, Dr Kirsten McEwan and Dr Dave Giles have developed a bid for the Wellcome Seed Award in Science, **Investigating links between compassion training, HRV and the possibility of impacting the risk of CVD in depressed patients**. This has passed the internal peer review stage and has now been submitted.



Dr Jamie Bird is currently developing an RfPB social care bid looking at **an analysis of the multi-agency response to domestic abuse in Derbyshire**. Working with Dr Amelia Woodward and Professor Annmarie Ruston.



Professor Susan Hogan has been working with several staff within the centre to develop an AHRC **Creative Ageing Consortium Bid** comprising of three work packages – Compassionate Care (Dr Kirsten McEwan & Dr Lina Minou, Dance on Prescription (Dr Gemma Collard-Stokes) and Giving Voice (Dr Yoon Irons).

Share your Experience!



Gerri Mortimore

Lecturer in Post-
Registration Healthcare

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In February 2018, I applied to the College of Health and Social care REF Investment Fund and was privileged to be awarded £12,500 (£5000 maximum award for seed funding and £7,500 maximum award for mini sabbatical); to undertake qualitative research exploring patient's experiences of being diagnosed with genetic haemochromatosis (GH).

GH is a common genetic iron overload disorder, affecting approximately 1 in 200 people. Although relatively common, there is a paucity of good evidence looking at people's perceptions of symptoms, diagnosis, management and experience of receiving lifelong treatment and how this has affected their ontological security, as well as the effect, if any, on family/loved ones. Patients diagnosed with this condition, who volunteer to be recruited into the study will be interviewed using broad themes, which will then be analysed using a constant comparative approach. It is hoped that the evidence collated from the in depth interviews, can provide guidance to the NHS on how to improve patient care for this condition.

How the research question developed from reading around genetic haemochromatosis led to a poster being displayed at the Second Annual Research Showcase at the University of Derby.

To undertake this study an Integrated Research Application System (IRAS) form was required to be completed. To people unfamiliar with this process, it takes many weeks/months to complete, and once submitted, it is reviewed by an ethics committee in England or Wales before approval can be granted. Only then can research be undertaken on patients within the NHS system.

Undertaking any research is a daunting prospect let alone completing an IRAS form. However, the silver lining is the opportunity to meet with and work with many wonderful people within the Research Department, as well as work colleagues, whose help, support and guidance has enabled me to reach the point of gaining HRA ethics approval.

I can look forward to commencing the next instalment of my research journey!

Get in touch with us!

Please do get in touch with us if you have any questions, if you wish to share your experience, or if you wish to include your research related news in our newsletter.

researchcentre-hsc@derby.ac.uk

Or, pop in and say hi! You can find us in room N304, Kedleston Road Campus.