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Synchronized brain activity during rehearsal and short-term memory disruption by irrelevant speech is affected by recall mode

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Abstract

EEG coherence as a measure of synchronization of brain activity was used to investigate effects of irrelevant speech. In a delayed serial recall paradigm 21 healthy participants retained verbal items over a 10-s delay with and without interfering irrelevant speech. Recall after the delay was varied in two modes (spoken vs. written). Behavioral data showed the classic irrelevant speech effect and a superiority of written over spoken recall mode. Coherence, however, was more sensitive to processing characteristics and showed interactions between the irrelevant speech effect and recall mode during the rehearsal delay in theta (4–7.5 Hz), alpha (8–12 Hz), beta (13–20 Hz), and gamma (35–47 Hz) frequency bands. For gamma, a rehearsal-related decrease of the duration of high coherence due to presentation of irrelevant speech was found in a left-lateralized fronto-central and centro-temporal network only in spoken but not in written recall. In theta, coherence at predominantly fronto-parietal electrode combinations was indicative for memory demands and varied with individual working memory capacity assessed by digit span. Alpha coherence revealed similar results and patterns as theta coherence. In beta, a left-hemispheric network showed longer high synchronizations due to irrelevant speech only in written recall mode. EEG results suggest that mode of recall is critical for processing already during the retention period of a delayed serial recall task. Moreover, the finding that different networks are engaged with different recall modes shows that the disrupting effect of irrelevant speech is not a unitary mechanism.

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Keywords: EEG coherence; Gamma; Theta; Irrelevant speech effect; Short-term memory

1. Introduction

In the present study we investigated verbal short-term rehearsal and its disruption by irrelevant speech. Numerous behavioral studies have revealed the distracting effect of auditorily presented (and to be ignored) material on short-term retention of verbal items with normal speech having the most influential effect, compared to other materials such as music or noise (e.g. Baddeley and Salamé, 1986; Boyle and Coltheart, 1996; Buchner et al., 1996; Colle and Welsh, 1976; Ellermeier and Hellbrück, 1998; LeCompte et al., 1997; LeCompte and Shaibe, 1997; Pring and Walker, 1994; Salamé and Baddeley, 1982, 1989). Several psychological theories on the nature of the irrelevant speech effect exist at present (Baddeley, 2003; Jones and Macken, 1993; Jones et al., 1992; Neath, 2000).

Baddeley (2000), for example, proposes that the effect is located at the stage of phonological rehearsal and that it is, thus, confined to speech. Jones et al. (1992), on the other hand, postulate the changing state hypothesis according to which the effect is not speech-specific but operates on a more general level involving the disruption of the serial order of to-be-remembered items.

Neuroimaging studies have been carried out to determine structures related to short-term rehearsal. Several brain areas were consistently found to be involved in rehearsal across different studies, that is premotor cortex, supplementary motor cortex, left prefrontal cortex and cerebellar regions (Davachi et al., 2001; Hanakawa et al., 2003; Henson et al., 2000; Paulesu et al., 1993; Smith and Jonides, 1998). The activity of some of these areas seems to be susceptible to distraction of rehearsal using articulatory suppression (Gruber, 2001) or is sensitive to other aspects of articulatory rehearsal, like phonological similarity (Chein and Fiez, 2001). Gisselgard et al. (2003)

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59 investigated the neural structures involved in the irrelevant
60 speech effect using PET and found that this effect is correlated
61 with a distributed suppression of components of the verbal
62 working memory network, particularly in left frontal and
63 temporal brain regions.

64 Imaging studies provide useful information about anatomical
65 structures but they are still limited when it comes to the
66 temporal dynamics of neural activity or when dynamic
67 cooperations of brain areas are considered. There is increasing
68 evidence that synchronous neural oscillations are closely
69 related to dynamics of cognitive processes (Niebur et al.,
70 2002; Nunez, 2000; Salinas and Sejnowski, 2001; Singer,
71 1994; Ward, 2003). Although there are several problems in
72 interpreting EEG activity, such as volume conduction or the
73 inverse problem, promising methods of analysis have been
74 developed to tap into neurocognitive networks. In particular,
75 spectral analyses are increasingly used to reveal properties of
76 synchronous activations in the frequency domain. In the
77 present study EEG coherences were calculated as a measure
78 of synchronization. Coherence (ranging from 0 to 1) provides
79 evidence of the degree of stability of phase relations between
80 two simultaneously recorded EEG signals (Lachaux et al.,
81 2002; Nunez et al., 1997; Schack et al., 1999; Singer, 1999).

82 Oscillatory activity, particularly of the theta and gamma
83 rhythm, is closely related to memory processes such as
84 encoding, rehearsal, and retrieval. This holds for the oscillatory
85 activity per se (e.g. Gruber et al., 2004; Herrmann et al., 2004;
86 Tallon-Baudry et al., 1999) and also for the coherence between
87 different regions of the brain (e.g. Sarnthein et al., 1998; Weiss et
88 al., 2000): Induced gamma band activity was reported in visual
89 short- and long-term memory tasks (Gruber et al., 2004; Tallon-
90 Baudry et al., 1999), and increase in evoked gamma band
91 activity when sensory input has to be related to stored
92 representations (Herrmann et al., 2004). Theta coherence was
93 shown to be a predictor of successful memory encoding of words

(Weiss et al., 2000) and, furthermore, theta coherence increases
94 between frontal and posterior electrodes during a working
95 memory task compared to a perception control task (Sarnthein et
96 al., 1998). Miltner et al. (1999) showed that gamma coherence
97 was involved in association learning. During memory formation
98 rhinal-hippocampal changes of phase synchronization were
99 found in gamma (Fell et al., 2001) and these memory-related
100 gamma changes are correlated with theta coherence (Fell et al.,
101 2003). Evidence of a gamma–theta correlation during short-
102 term memory processing comes from Schack et al. (2002) as
103 well. These findings suggest that theta and gamma may also be
104 indicative of short-term rehearsal and its disruption.

105 In a previous experiment (Kopp et al., 2004) we intended to
106 find EEG coherence patterns in short-term rehearsal as
107 participants performed a delayed serial recall paradigm. Lists
108 of five words were presented visually, then had to be retained
109 over a period of 10 s and then had to be recalled aloud.
110 Participants were enabled to rehearse the verbal items in one
111 condition (*quiet*), i.e. the retention period was marked by
112 silence, and were prevented from rehearsal by presentation of
113 irrelevant speech in another condition (*speech*). Initial evidence
114 was found that the neural basis of the irrelevant speech effect
115 consists in the reduction of long-lasting synchronization of
116 gamma activity in the underlying phonological rehearsal
117 network.

118 The present study aimed to further investigate the neural
119 basis of the irrelevant speech effect. We especially considered
120 the influence of recall mode (*spoken* vs. *written*) on short-term
121 rehearsal in the same delayed serial recall paradigm (see Fig.
122 1). Previous results in literature concerning recall mode are not
123 consistent. There are studies indicating that short-term retention
124 of verbal items is not affected by recall mode (Gardiner et al.,
125 1977; Locke and Fehr, 1972; Rönnerberg and Nilsson, 1987). In
126 contrast, some authors report a superiority of written recall over
127 spoken recall in verbal short-term memory performance (Craik,
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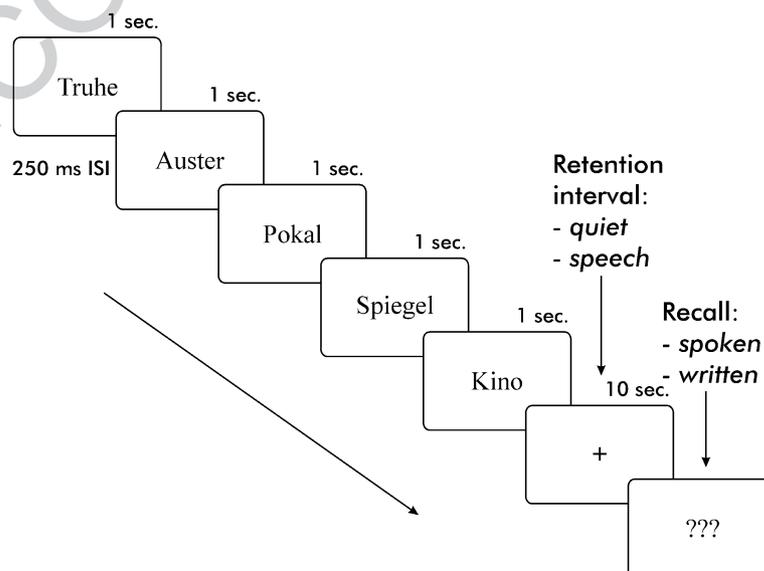


Fig. 1. Delayed serial recall paradigm. Lists of five words were presented sequentially at a rate of 1 s per item with an inter-stimulus interval of 250 ms. Items had to be retained over an interval of 10 s and had to be recalled subsequently. The tasks were performed in a 2×2 block design with the factors *distraction* (silence vs. presentation of irrelevant speech during the 10-s retention interval) and *recall mode* (spoken vs. written recall).

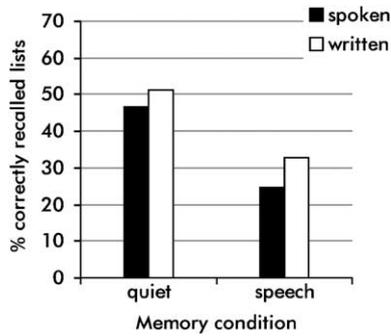


Fig. 2. Behavioral performances. Percentages of correctly recalled lists showed a pronounced irrelevant speech effect both in spoken and in written recall. No interaction was found.

129 1970; Murray, 1965). These contradictory findings leave open,
 130 whether mode of memory recall influences memory perfor-
 131 mance effectively, and if so, which step of processing is
 132 involved. Authors reporting differences in memory perfor-
 133 mance due to recall mode attribute them to the recall process.
 134 For example, Craik (1970) who found a superiority of written
 135 recall performance hypothesized that writing down the answers
 136 allows simultaneous rehearsal of the last items that are then
 137 better recalled. Brimer and Mueller (1979) assume that
 138 participants review their written outputs and could use them
 139 as retrieval cues to access unrecalled items. Using online
 140 measures makes it possible to investigate periods before recall
 141 (encoding, rehearsal). The aim of this study was to find
 142 synchronization patterns during short-term rehearsal of verbal
 143 items and distraction of rehearsal by irrelevant speech under
 144 conditions of *spoken* and *written* recall. According to classic
 145 findings on working memory (e.g. Baddeley, 2003) recoding of

visually presented items into a phonological form is supposed
 to be an obligatory step and is necessary anyway for the spoken
 recall mode. In contrast, participants are not forced to recode
 visual stimuli when written recall is required. In spite of this, it
 might be assumed that, due to short-term memory character-
 istics and the important role phonology might play in reading
 (see e.g., Frost, 1998), recoding should occur in the written
 recall condition as well. However, as mentioned above, some
 studies found differences in short-term memory performance as
 a consequence of varying recall mode. Note that even when
 behavioral performance does not differ between these two
 conditions it might be possible that brain activity shows
 different patterns suggesting different rehearsal strategies
 during the retention phase. If EEG coherence is sensitive to
 recall mode in the retention interval then differential patterns of
 brain activity (interactions) are predicted for the effects of
 irrelevant speech and recall mode on rehearsal. It is expected
 that results of the previous study (Kopp et al., 2004) are
 replicated in the respective conditions of the present study, that
 is a reduction of gamma synchronization at left frontal-central
 sites from *quiet* to *irrelevant speech* in the *spoken* conditions.

2. Materials and methods

2.1. Participants

Participants were 21 healthy volunteers (14 women), aged
 18–32 years, native speakers of German. They were free of
 positive neurological histories and had normal or corrected-to-
 normal vision. Participants were paid or participated as part of
 their basic studies in psychology.

t1.1 Table 1

t1.2 Individual characteristics and memory performances

#	Handedness	Digit span (Digit span group)	% correctly recalled lists in <i>quiet spoken</i>	% correctly recalled lists in <i>speech spoken</i>	% correctly recalled lists in <i>quiet written</i>	% correctly recalled lists in <i>speech written</i>	Irrelevant speech effect in <i>written</i>	Performance in <i>quiet written</i> (“baseline” memory condition)	
t1.4	1	Right	8 (high)	60	50	86.7	73.3	Weak	High
t1.5	2	Ambidextrous	5 (low)	53.3	26.7	33.3	40	No	Low
t1.6	3	Right	6 (low)	13.3	3.3	53.3	16.7	Strong	Low
t1.7	4	Right	5 (low)	26.7	16.7	16.7	10	Weak	Low
t1.8	5	Right	5 (low)	33.3	13.3	30	6.7	Strong	Low
t1.9	6	Right	8 (high)	90	76.7	86.7	90	No	High
t1.10	7	Right	5 (low)	6.7	0	10	6.7	Weak	Low
t1.11	8	Right	8 (high)	90	70	90	70	Strong	High
t1.12	9	Right	7 (low)	36.7	13.3	43.3	16.7	Strong	Low
t1.13	10	Right	8 (high)	70	43.3	70	40	Strong	High
t1.14	11	Right	8 (high)	36.7	20	60	53.3	Weak	High
t1.15	12	Left	7 (low)	90	33.3	90	50	Strong	High
t1.16	13	Right	8 (high)	60	36.7	50	43.3	Weak	Low
t1.17	14	Right	6 (low)	6.7	0	3.3	0	Weak	Low
t1.18	15	Right	8 (high)	40	6.7	76.7	36.7	Strong	High
t1.19	16	Right	7 (low)	70	53.3	43.3	46.7	No	Low
t1.20	17	Right	8 (high)	16.7	10	10	6.7	Weak	Low
t1.21	18	Right	8 (high)	60	33.3	56.7	56.7	No	Low
t1.22	19	Right	6 (low)	26.7	3.3	40	13.3	Strong	Low
t1.23	20	Right	9 (high)	76.7	6.7	96.7	6.7	Strong	High
t1.24	21	Right	6 (low)	16.7	3.3	26.7	3.3	Strong	Low

t1.25 Subgroups based on strength of irrelevant speech effect in condition *written* were formed in an attempt to explain gamma coherence. Digit spans and performances in condition *quiet written* were classified to explain coherence patterns in theta. Handedness might play an important role in left-hemispheric coherence patterns in beta.

174 2.2. Tasks and procedure

175 We used a delayed serial recall paradigm (see Fig. 1). Verbal
 176 material consisted of 120 word lists of five disyllabic concrete
 177 German nouns with four to seven letters. Concreteness was rated
 178 before the experiment by six independent raters, and abstract
 179 nouns were excluded from the lists. All word lists were matched
 180 in word frequency and semantic relatedness. We used seman-
 181 tically unrelated words within one list, rated and adjusted by
 182 eight independent people. No words were repeated across lists.

183 The five words of each list were presented sequentially on
 184 the center of a PC screen at the rate of one word per second
 185 with an inter-stimulus interval of 250 ms. This relatively fast
 186 presentation rate was supposed to prevent participants from
 187 establishing elaborated rehearsal strategies. A 10-s retention
 188 interval followed the words. In this interval participants saw
 189 only a fixation cross on the screen. At the end of the interval
 190 three question marks prompted participants to recall items in
 191 the correct order. After recall participants continued with the
 192 next trial.

193 This basic paradigm varied block by block in a 2
 194 (*distraction*) × 2 (*recall mode*) design. Factor *distraction*

differed during the 10-s retention interval: Condition *quiet*
 had no distracting material and enabled participants to
 subvocally rehearse items whereas in condition *speech*
 participants were presented with irrelevant speech via head-
 phones. This irrelevant speech consisted of 10-s digitalized
 radio recordings of texts (topics from sciences, art, news etc.)
 without background music or noise. Speech was considered to
 be unattended due to instruction but causing the classic
 irrelevant speech effect by disturbing short-term storage. Factor
recall mode varied between *spoken* recall, where participants
 had to say item lists aloud as the three question-marks
 appeared, and *written* recall, where participants had to write
 down the to-be-remembered items on a sheet of paper.

Four experimental blocks (*quiet spoken*, *speech spoken*,
quiet written, and *speech written*) were tested with 30 trials and
 3 practice trials per condition. Each trial in the spoken
 conditions lasted about 25 s and each trial in the written
 conditions lasted about 35 s. Total experimental time was about
 90 min. Block order was counterbalanced across participants in
 terms of recall mode: 11 participants performed the spoken
 conditions first, 10 participants performed the written condi-
 tions first.

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A

Gamma	2-4 s			6-8 s			2-4 s			6-8 s			2-4 s			6-8 s		
	Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode
Fp1-Fp2							F3-T3				T4-T6							
F7-F3	*	*	*	*	*	*	F3-C3	*	*	*	T5-O1							
F7-Fz	*	*	*	*	*	*	F3-Cz	*	*	*	P3-O1							
F3-Fz	*	*	*	*	*	*	F3-C4				Pz-O1							
F3-F4							Fz-T3				P4-O1							
Fz-F4	*						Fz-C3	*	*	*	P3-O2							
Fz-F8							Fz-Cz	*	*	*	Pz-O2							
F4-F8							Fz-C4			*	P4-O2							
T3-C3				*	*	*	Fz-T4				T6-O2							
T3-Cz							F4-C3				Fp1-T3							
C3-Cz	*	*	*	*	*	*	F4-Cz	*		*	Fp1-C3							
C3-C4	*	*	*	*	*	*	F4-C4				Fp1-Cz							
Cz-C4	*	*	*	*	*	*	F4-T4				Fp2-Cz							
Cz-T4							F8-Cz				Fp2-C4							
C4-T4							F8-C4				Fp2-T4							
T5-P3	*			*			F8-T4				F7-T5							
T5-Pz							T3-T5				F7-P3							
P3-Pz	*						T3-P3	*	*	*	F3-T5							
P3-P4							T3-Pz				F3-P3							
Pz-P4							C3-T5	*	*	*	F3-Pz							
Pz-T6							C3-P3	*	*	*	Fz-P3				*	*	*	
P4-T6							C3-Pz	*			Fz-Pz							
O1-O2							C3-P4				Fz-P4							
Fp1-F7							Cz-T5				F4-Pz							
Fp1-F3				*	*	*	Cz-P3	*	*	*	F4-P4							
Fp1-Fz							Cz-Pz	*		*	F4-T6							
Fp1-F4							Cz-P4				F8-P4							
Fp2-F3							Cz-T6				F8-T6							
Fp2-Fz							C4-P3				T3-O1							
Fp2-F4							C4-Pz				C3-O1							
Fp2-F8							C4-P4				Cz-O1							
F7-T3							C4-T6				Cz-O2							
F7-C3							T4-Pz				C4-O2							
F7-Cz							T4-P4				T4-O2							

Fig. 3. Summary of statistical analyses in (A) gamma (35–47 Hz), (B) theta (4–7.5 Hz), (C) alpha (8–12 Hz), (D) beta (13–20 Hz) at all electrode pairs, and in periods between 2–4 and 6–8 s. An asterisk indicates significance of an effect: main effect *distraction*, main effect *recall mode*, interaction *distraction* and *recall mode*.

B

Theta	2-4 s			6-8 s				2-4 s			6-8 s				2-4 s			6-8 s		
	Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode		Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode		Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode
Fp1-Fp2	*	*	*	*	*	*	F3-T3							T4-T6	*	*	*	*	*	*
F7-F3	*	*	*	*	*	*	F3-C3	*	*	*	*	*	*	T5-O1						
F7-Fz	*	*	*	*	*	*	F3-Cz	*	*	*	*	*	*	P3-O1						
F3-Fz	*	*	*	*	*	*	F3-C4	*	*	*	*	*	*	Pz-O1						
F3-F4	*	*	*	*	*	*	Fz-T3	*	*	*	*	*	*	P4-O1						
Fz-F4							Fz-C3	*	*	*	*	*	*	P3-O2						
Fz-F8							Fz-Cz	*	*	*	*	*	*	Pz-O2				*	*	*
F4-F8							Fz-C4	*	*	*	*	*	*	P4-O2						
T3-C3							Fz-T4	*	*	*	*	*	*	T6-O2	*					
T3-Cz							F4-C3							Fp1-T3						
C3-Cz							F4-Cz				*	*	*	Fp1-C3	*	*	*	*	*	*
C3-C4							F4-C4	*			*	*	*	Fp1-Cz	*	*	*	*	*	*
Cz-C4						*	F4-T4							Fp2-Cz	*	*	*	*	*	*
Cz-T4							F8-Cz							Fp2-C4	*	*	*	*	*	*
C4-T4	*	*		*	*	*	F8-C4							Fp2-T4	*	*	*	*	*	*
T5-P3							F8-T4				*	*	*	F7-T5						
T5-Pz							T3-T5							F7-P3						
P3-Pz							T3-P3							F3-T5						
P3-P4							T3-Pz							F3-P3	*	*	*	*	*	*
Pz-P4							C3-T5							F3-Pz	*	*	*	*	*	*
Pz-T6							C3-P3				*	*	*	Fz-P3	*	*	*	*	*	*
P4-T6							C3-Pz				*	*	*	Fz-Pz	*	*	*	*	*	*
O1-O2							C3-P4	*			*	*	*	Fz-P4	*	*	*	*	*	*
Fp1-F7	*	*		*	*		Cz-T5							F4-Pz	*	*	*	*	*	*
Fp1-F3	*	*		*	*		Cz-P3							F4-P4	*	*	*	*	*	*
Fp1-Fz							Cz-Pz							F4-T6	*					
Fp1-F4							Cz-P4							F8-P4						
Fp2-F3							Cz-T6	*	*	*	*	*	*	F8-T6						
Fp2-Fz							C4-P3	*	*	*	*	*	*	T3-O1						
Fp2-F4							C4-Pz	*	*	*	*	*	*	C3-O1						
Fp2-F8							C4-P4							Cz-O1						
F7-T3							C4-T6	*	*	*	*	*	*	Cz-O2						
F7-C3							T4-Pz	*	*	*	*	*	*	C4-O2				*		
F7-Cz	*	*	*	*	*	*	T4-P4	*	*	*	*	*	*	T4-O2	*					

Fig. 3 (continued).

217 Before the experiment a forward digit span task (see e.g.
 218 [Wilde et al., 2004](#)) was performed to measure working memory
 219 capacity: The experimenter read lists of single-digit items aloud
 220 at a rate of 1 s per item. Immediately after the last item the
 221 participant had to repeat the list in the correct order. The test
 222 began with a series of three items presented for recall and
 223 continued to a maximum of nine items. There were two trials at
 224 each series length. Failure to reproduce both trials of a series
 225 length lead to termination of the test and digit span was defined
 226 as the maximum of items of one list the participant was able to
 227 recall. A differential analysis of EEG coherence data due to
 228 working memory capacity required the formation of participant
 229 groups: Participants with a digit span of five, six, or seven were
 230 classified as having a low working memory capacity and
 231 participants with a digit span of eight or nine were classified as
 232 having a high working memory capacity.
 233 Since we were aware of the difficulty to relate coherence
 234 results to behavioral data we decided to interview participants
 235 after the experiment about their rehearsal strategies (phono-
 236 logical rehearsal, visual rehearsal, formation of associations
 237 etc.) and obtained subjective reports on task difficulties
 238 between the four experimental conditions.

239 **2.3. EEG acquisition and analysis**

240 EEG was recorded using 19 Ag–AgCl electrodes according
 241 to the 10–20 system, horizontal and vertical EOG, and the
 242 nose as reference. Impedances were less than 5 kΩ. The band
 243 pass was set between 0.5 and 50 Hz, with a 50 Hz Notch filter
 244 switched on. EEG signals were recorded and digitalized by a
 245 Synamps 32-channel amplifier (Neuroscan Inc.) with a sample
 246 rate of 250 Hz throughout the experiment.

247 To compute coherence we used a procedure developed by
 248 Schack ([Schack et al., 1999](#)). A model-based parametric
 249 approach based on autoregressive moving average models
 250 (model orders $p=15$ and $q=5$) with time-varying parameters
 251 (for details see also [Schack and Krause, 1995](#)). The most
 252 important difference to the classic coherence calculation is that
 253 the problem of nonstationarity of EEG signals is avoided. The
 254 procedure is adaptive as the model parameters are adjusted at
 255 every sample point and thus the calculation is closer to process
 256 dynamics.

257 We calculated the duration of high coherence, i.e. the sum of
 258 all periods of coherence levels above the threshold of 0.7,
 259 reflecting long-lasting high synchronization between associated

C

Alpha	2-4 s			6-8 s				2-4 s			6-8 s				2-4 s			6-8 s		
	Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode		Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode		Distract	Recall Mode	Distract x Recall Mode			
Fp1-Fp2	*			*	*	*	F3-T3						T4-T6							
F7-F3	*	*	*	*	*	*	F3-C3						T5-O1							
F7-Fz	*	*	*				F3-Cz						P3-O1							
F3-Fz		*					F3-C4						Pz-O1							
F3-F4							Fz-T3						P4-O1							
Fz-F4							Fz-C3	*	*	*		*	P3-O2							
Fz-F8							Fz-Cz	*	*	*		*	Pz-O2							
F4-F8				*			Fz-C4				*	*	P4-O2							
T3-C3							Fz-T4				*	*	T6-O2							
T3-Cz							F4-C3	*	*	*		*	Fp1-T3	*	*	*	*	*	*	
C3-Cz							F4-Cz						Fp1-C3							
C3-C4							F4-C4				*	*	Fp1-Cz							
Cz-C4							F4-T4				*	*	Fp2-Cz				*	*	*	
Cz-T4							F8-Cz						Fp2-C4	*	*	*	*	*	*	
C4-T4							F8-C4						Fp2-T4	*	*	*	*	*	*	
T5-P3							F8-T4						F7-T5							
T5-Pz							T3-T5						F7-P3	*	*	*	*	*	*	
P3-Pz	*						T3-P3						F3-T5				*	*	*	
P3-P4							T3-Pz						F3-P3				*	*	*	
Pz-P4							C3-T5						F3-Pz				*	*	*	
Pz-T6							C3-P3	*	*	*	*	*	Fz-P3	*	*	*	*	*	*	
P4-T6							C3-Pz						Fz-Pz				*	*	*	
O1-O2							C3-P4						Fz-P4				*	*	*	
Fp1-F7							Cz-T5						F4-Pz	*	*	*	*	*	*	
Fp1-F3							Cz-P3						F4-P4	*	*	*	*	*	*	
Fp1-Fz							Cz-Pz						F4-T6	*	*	*	*	*	*	
Fp1-F4							Cz-P4						F8-P4	*	*	*	*	*	*	
Fp2-F3							Cz-T6						F8-T6				*	*	*	
Fp2-Fz							C4-P3						T3-O1				*	*	*	
Fp2-F4						*	C4-Pz				*		C3-O1							
Fp2-F8		*					C4-P4						Cz-O1							
F7-T3							C4-T6	*					Cz-O2							
F7-C3	*	*	*	*	*	*	T4-Pz						C4-O2							
F7-Cz	*	*	*	*	*	*	T4-P4						T4-O2							

Fig. 3 (continued).

260 brain structures. Generally, we hypothesize that long-lasting
 261 high synchronizations are significant for rehearsal in short-term
 262 memory. In particular, Tallon-Baudry et al. (1999) found
 263 prolonged gamma activity in continuous rehearsal vs. transient
 264 memory at single electrode positions. We hypothesize that a
 265 prolongation in gamma band activity at single electrode sites
 266 (Tallon-Baudry et al., 1999) provides a basis for an increase in
 267 the duration of coherent gamma band activity between
 268 electrode sites (present study). We calculated frequency-band-
 269 specific coherence histograms for several electrode pairs. An
 270 analysis of these histograms revealed that variability of
 271 coherence values started around 0.7. In other words, with
 272 lower coherence values the histograms are relatively small and
 273 do not distinguish between different electrode pairs.

274 EEG coherence was analysed within the 10-s retention
 275 interval. To achieve a sufficient amount of artefact-free trials,
 276 coherence durations were computed for 2-s periods only. We
 277 chose the 2–4 and the 6–8 s periods after onset of the retention
 278 interval. That is, the first period is in the early phase of the
 279 retention interval while the second is in the late phase.
 280 Although we did not expect differences with regard to the
 281 effects of recall mode between these two phases, it should be

ensured to find them if they exist. All trials in which EEG
 variability for the respective period exceeded a standard
 deviation of 50 µV were discarded as artefacts for further
 analysis. This criterion turned out to be suited in detecting eye-
 blinks and excessive muscular activity.

As we were interested in differential EEG coherence effects
 of recall mode on the irrelevant-speech effect, the rationale for
 analysing the data was as follows:

From the 171 possible electrode combinations, those 102
 were selected which had a distance that did not exceed 3
 positions on the 10–20 system (for example, for F7 coherences
 were computed with Fp1, F3, Fz, T3, C3, Cz, T5, P3). This was
 done to achieve a balance between including electrode pairs
 that turned out to be promising according to previous research
 (Kopp et al., 2004) and not to include too many in order to
 avoid that Bonferroni adjustment will demand an unrealistic
 high degree of power.

For each of the 102 combinations, coherence was computed
 for the gamma (35–47 Hz), beta (13–20 Hz), alpha (8–12 Hz),
 and theta (4–7.5 Hz) bands. For each combination, the
 durations of high coherence were analysed with a 2 (factor
distraction: quiet vs. irrelevant speech) × 2 (factor *recall*)

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Beta	2-4 s			6-8 s				2-4 s			6-8 s				2-4 s			6-8 s		
	Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode		Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode		Distract	Recall Mode	Distract x Recall Mode	Distract	Recall Mode	Distract x Recall Mode
Fp1-Fp2							F3-T3	*	*	*	*	T4-T6	*							
F7-F3							F3-C3			*	*	T5-O1	*	*						
F7-Fz							F3-Cz					P3-O1	*	*		*	*			
F3-Fz							F3-C4					Pz-O1					*	*		
F3-F4							Fz-T3	*	*	*	*	P4-O1								
Fz-F4							Fz-C3			*	*	P3-O2								
Fz-F8							Fz-Cz				*	Pz-O2								
F4-F8							Fz-C4				*	P4-O2								
T3-C3	*	*		*	*		Fz-T4					T6-O2								
T3-Cz	*	*		*	*		F4-C3					Fp1-T3								
C3-Cz							F4-Cz					Fp1-C3	*	*		*	*			
C3-C4		*		*	*		F4-C4					Fp1-Cz								
Cz-C4					*		F4-T4					Fp2-Cz								
Cz-T4							F8-Cz					Fp2-C4								
C4-T4							F8-C4		*			Fp2-T4								
T5-P3							F8-T4					F7-T5								
T5-Pz		*		*			T3-T5	*	*	*	*	F7-P3					*			
P3-Pz	*	*					T3-P3	*	*	*	*	F3-T5					*	*		
P3-P4							T3-Pz	*	*	*	*	F3-P3	*	*			*	*		
Pz-P4							C3-T5			*	*	F3-Pz								
Pz-T6							C3-P3					Fz-P3					*	*		
P4-T6	*						C3-Pz					Fz-Pz	*	*			*	*		
O1-O2							C3-P4					Fz-P4								
Fp1-F7	*	*					Cz-T5					F4-Pz								
Fp1-F3		*					Cz-P3		*			F4-P4								
Fp1-Fz							Cz-Pz				*	F4-T6								
Fp1-F4							Cz-P4					F8-P4								
Fp2-F3							Cz-T6					F8-T6								
Fp2-Fz	*						C4-P3					T3-O1		*		*	*			
Fp2-F4	*						C4-Pz					C3-O1	*	*						
Fp2-F8							C4-P4					Cz-O1					*			
F7-T3	*						C4-T6			*		Cz-O2		*						
F7-C3							T4-Pz					C4-O2								
F7-Cz		*					T4-P4					T4-O2								

Fig. 3 (continued).

304 mode: spoken vs. written) repeated measures ANOVA. The
 305 alpha-level was set to 0.05. An alpha-error adjustment to avoid
 306 spurious effects was performed according to the method of
 307 Bonferroni (0.05/102).

308 **3. Results**

309 *3.1. Behavioral results*

310 Percentages of completely recalled lists per condition served
 311 as the dependent variable for behavioral performance (Fig. 2).
 312 Statistical analyses (ANOVA) revealed a significant main effect
 313 for distraction [$F(1,20)=26.93; p<.001$] with a pronounced
 314 decline of performance in speech compared to quiet, i.e. the
 315 classic irrelevant speech effect. A main effect was also found
 316 for recall mode [$F(1,20)=4.78; p<.041$] with advantages in
 317 performance for written compared to spoken. There was no
 318 interaction between distraction and recall mode.

319 Individuals showed considerable variability in behavioral
 320 performance. In Table 1 individual characteristics (digit span,
 321 handedness, memory performances) are presented. These data
 322 were considered later in the analysis of EEG coherences. All

participants reported that written conditions had been easier to
 perform than spoken conditions and that quiet conditions had
 been easier to perform than speech conditions. Also all
 participants described their rehearsal strategy as phonological.
 Any attempts to establish more elaborated strategies, such as
 remembering the first letters, forming associations and stories,
 or forming visual patterns had to be given up already during the
 practice trials due to fast item presentation rate.

323 *3.2. Coherence data*

324 The analysis of 2-s periods (2–4 and 6–8 s after onset of
 325 retention interval) achieved the following numbers of artefact-
 326 free trials: for the 2–4 s period a mean number of trials of
 27.33 (SD=2.08) in quiet spoken, 27.57 (SD=2.6) in speech
 327 spoken, 28.05 (SD=2.5) in quiet written, 28.43 (SD=2.62) in
 328 speech written, and for the 6–8 s period a mean number of
 329 trials of 27.67 (SD=2.18) in quiet spoken, 27.67 (SD=2.44) in
 330 speech spoken, 28.29 (SD=2.74) in quiet written, 28.38
 331 (SD=2.56) in speech written.

In Fig. 3A–D statistical results are illustrated for the selected
 electrode pairs, frequency bands and for the 2–4 s period and

343 for the 6–8 s period with an asterisk indicating significant data.
 344 This kind of illustration of results was chosen to provide the
 345 reader with all significant main effects and interactions and, at
 346 the same time, to avoid an overload with F and p values.
 347 Moreover, we report the range of F values for electrode pairs
 348 showing significant effects (all p values $<.05$). As results are
 349 similar for the 2–4 and the 6–8 s period further figures illustrate
 350 results of the 2–4 s period exemplarily.

351 In Fig. 4 the duration of high coherence is presented for the
 352 gamma frequency band. Statistical analyses revealed a main
 353 effect for *distraction* [$F(1,20)$ range from 4.23 to 15.23 (2–4
 354 s), $F(1,20)$ range from 4.34 to 14.10 (6–8 s)], a main effect for

355 *recall mode* [$F(1,20)$ range from 4.26 to 17.99 (2–4 s),
 356 $F(1,20)$ range from 4.09 to 20.22 (6–8 s)] and a significant
 357 interaction of *distraction* and *recall mode* [$F(1,20)$ range from
 358 4.90 to 22.14 (2–4 s), $F(1,20)$ range from 4.39 to 17.96 (6–
 359 8 s)] on coherence durations at central and left frontal and
 360 additionally at left centro-temporal and centro-parietal elec-
 361 trode combinations. Coherence duration decreased for *speech*
 362 compared to *quiet* at these electrode pairs, but only for the
 363 *spoken* conditions. In *written* there is no significant difference
 364 between *quiet* and *speech*. Since the latter result was contrary
 365 to our hypothesis we focused on the formation of subgroups of
 366 participants based on behavioral results, which turned out to be

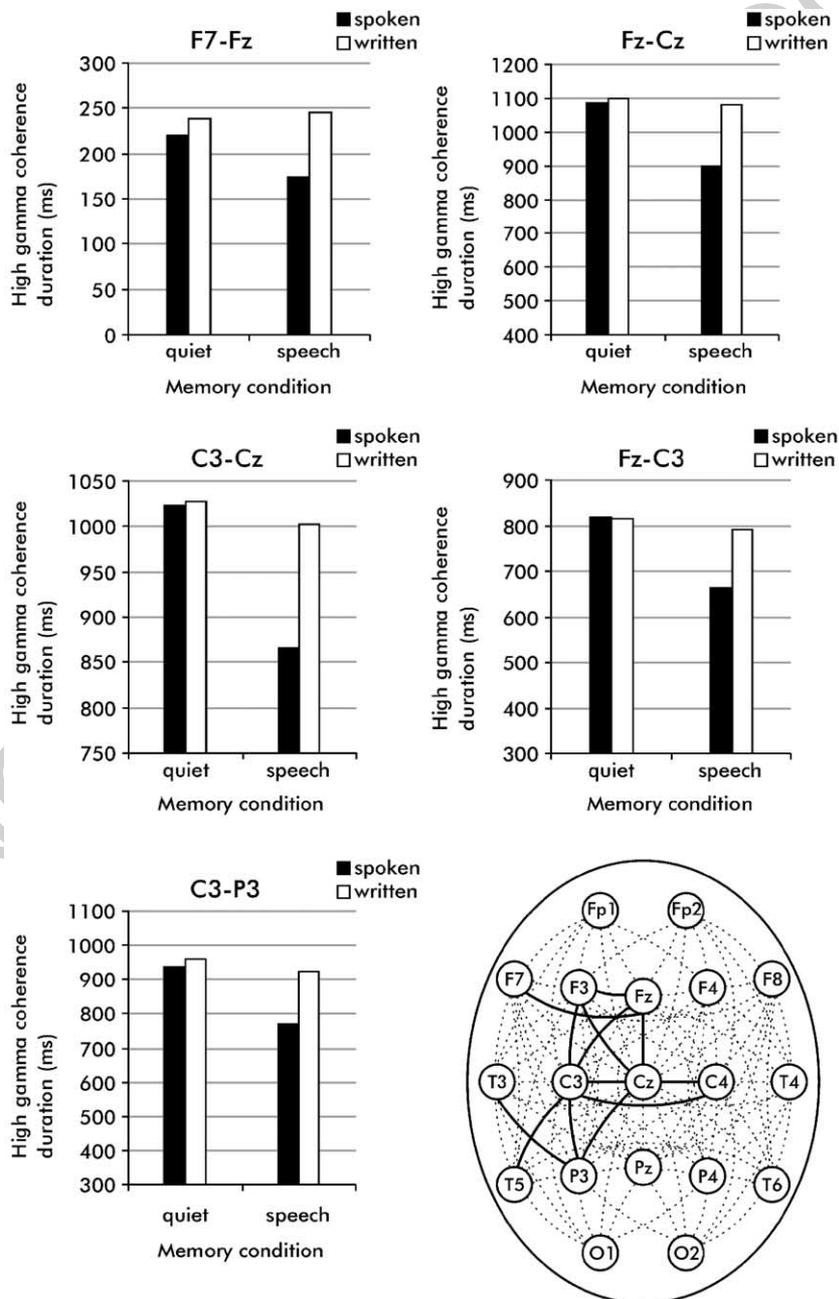


Fig. 4. Duration of high coherence in gamma (35–47 Hz). Solid lines in the bottom-right figure illustrate the network of electrode combinations that showed a consistent significant pattern which is represented for five selected electrode pairs by way of example. Faint lines in the bottom-right figure indicate all electrode combinations that were analyzed but did not reveal significant effects.

367 a promising procedure in our previous study (Kopp et al.,
 368 2004). Behavioral data of the present experiment revealed a
 369 pronounced irrelevant speech effect in *spoken* recall for all
 370 participants but showed some variation in recall performance in
 371 *written* recall: Only 10 out of 21 participants showed a strong
 372 decline of memory performance in the *irrelevant speech*
 373 condition whereas 11 participants showed only a weak or no
 374 decrease of behavioral performance from *quiet* to *speech* (see
 375 Table 1). We hypothesized that participants with a strong
 376 irrelevant speech effect in the *written* condition might possibly
 377 show a similar reduction of synchronization as in the *spoken*
 378 condition but this was actually not the case: A comparison
 379 between participants with weak and strong irrelevant speech
 380 effect revealed no significant differences of the coherence
 381 patterns in gamma. Thus, the formation of participant

subgroups was not adequate to explain the difference between
spoken and *written* recall mode.

Coherence results for the theta band are illustrated in Fig. 5.
 As one can see, mainly fronto-parietal electrode pairs form a
 consistent coherence pattern completed by left fronto-central
 and right centro-parietal and centro-temporal electrode combi-
 nations. Here we found a main effect of *distraction* [$F(1,20)$
 range from 4.05 to 16.96 (2–4 s), $F(1,20)$ range from 4.98 to
 14.22 (6–8 s)], a main effect of *recall mode* [$F(1,20)$ range
 from 4.22 to 33.65 (2–4 s), $F(1,20)$ range from 4.50 to 22.88
 (6–8 s)], and a significant interaction of *distraction* and *recall*
mode [$F(1,20)$ range from 4.59 to 15.44 (2–4 s), $F(1,20)$ range
 from 4.26 to 17.64 (6–8 s)] on coherence durations. Duration of
 high coherence increased significantly from *quiet* to the *speech*
 condition in *written* recall but not in *spoken* recall.

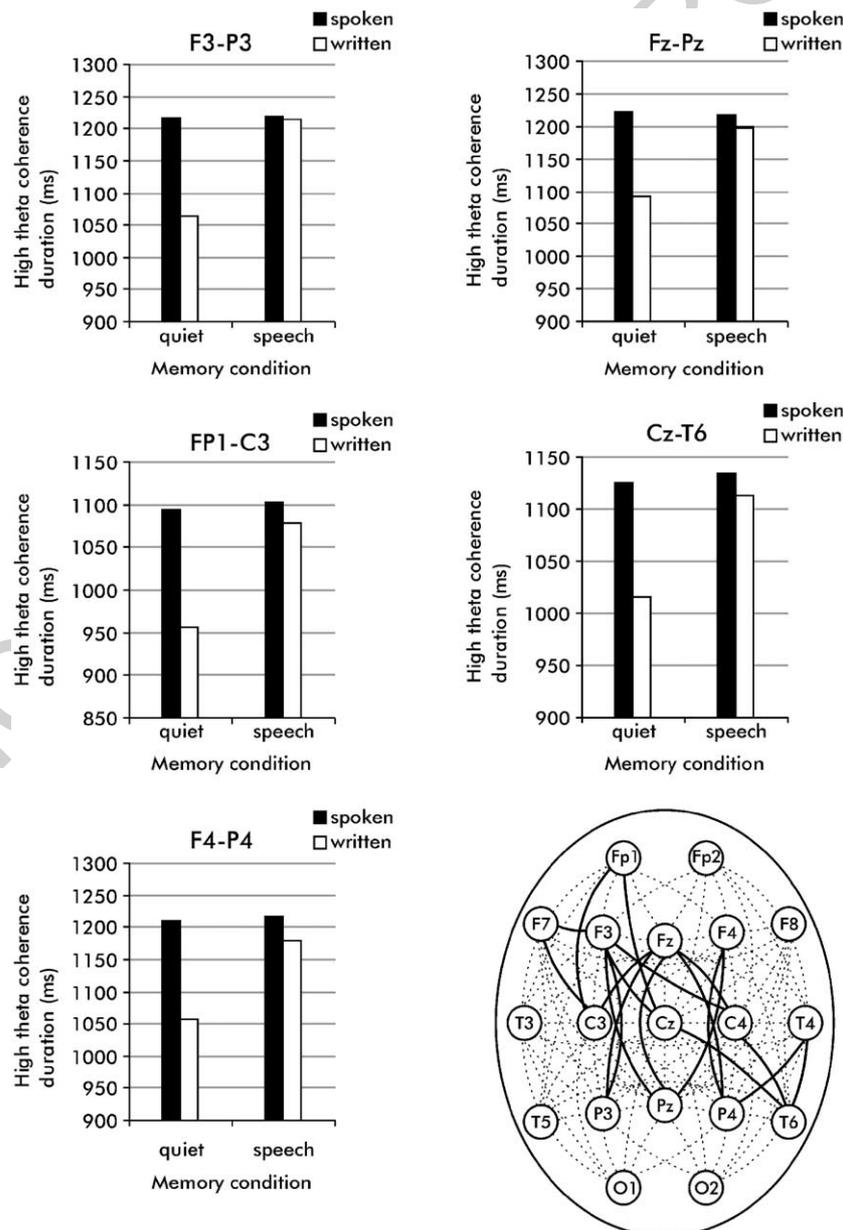


Fig. 5. Results of coherence analysis in theta (4–7.5 Hz). Examples of electrode combinations showing a significant pattern are illustrated in the graphs. The topographic map shows that predominantly fronto-parietal electrode pairs reveal this pattern (solid lines).

397 Increased fronto-parietal coherence in theta has repeatedly
 398 been reported to occur in working memory tasks (Sarnthein et
 399 al., 1998; Sommerfeld et al., 1999; Weiss et al., 2000). These
 400 results are commonly interpreted as an indicator of working
 401 memory capacity or mental effort required to solve working
 402 memory demands. To explain the theta coherence pattern in
 403 our experiment and to relate our results to existing findings in
 404 literature we decided to investigate this pattern in more detail
 405 which led again to the formation of subgroups of participants.
 406 As a control indicator of working memory capacity we used
 407 the measure of digit span and divided participants into two
 408 groups: 11 participants with low digit span (five, six, or
 409 seven) and 10 participants with high digit span (eight or
 410 nine). The same principle was applied to the behavioral data
 411 of the easiest experimental condition – *quiet in written* recall
 412 – that we used as a kind of “baseline” measure of working

memory capacity in this task to form again two subgroups: 13
 413 participants with low and 8 participants with high perfor-
 414 mance in *quiet* with *written* recall. The classification
 415 according to “baseline” memory capacity was somehow
 416 arbitrary. Performance in *quiet written* was classified as high
 417 when it reached a level of 60% correctly recalled word lists or
 418 higher. It is important to note that the classification according
 419 to working memory capacity (digit span) and task-specific
 420 capacity (performance in *quiet written*) were not confounded
 421 with the subgroups according to strength of irrelevant speech
 422 effect (see results in gamma above), i.e., low-span participants
 423 were not more distracted by irrelevant speech than high-span
 424 participants and vice versa.
 425

Participant groups based on digit span and those based on
 426 behavioral performance overlapped largely, and statistical
 427 analyses led to similar results for both types of group
 428

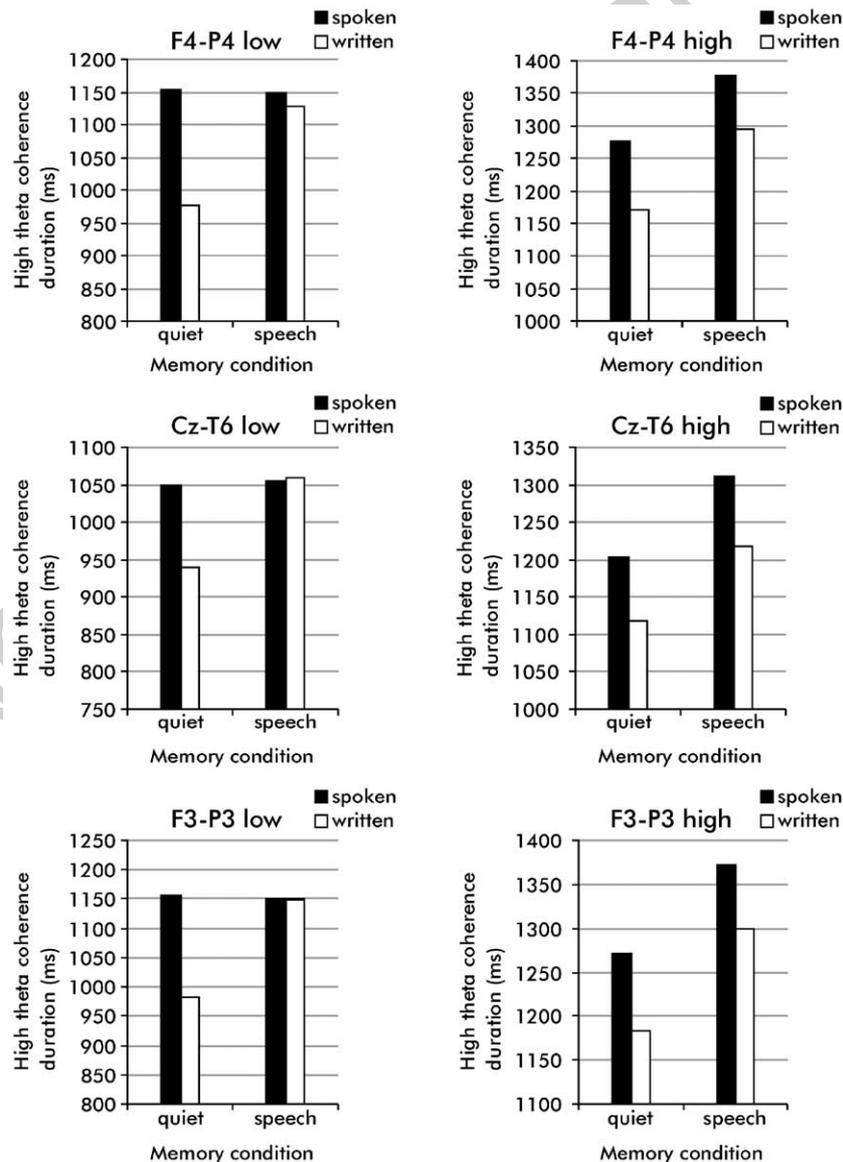


Fig. 6. Differentiation in theta (4–7.5 Hz) between participants with low and high working memory capacity. Three examples of electrode pairs were selected to illustrate that only participants with low working memory capacity showed an interaction between distraction and recall mode in theta suggesting processing differences compared to participants with high working memory capacity.

429 formation. Therefore only the results of the comparison of
 430 participants with low and high recall performance in the *quiet*
 431 condition with *written* recall are reported here (Fig. 6).
 432 Statistical analysis revealed a main effect of *recall mode* on
 433 theta coherence duration in both participant groups [$F(1,12)$
 434 range from 4.73 to 20.69 (2–4 s), $F(1,12)$ range from 4.36 to
 435 15.02 (6–8 s) in participants with low recall performance,
 436 $F(1,7)$ range from 4.31 to 8.46 (2–4 s), $F(1,7)$ range from 4.27
 437 to 12.46 (6–8 s) in participants with high recall performance],
 438 but only participants with high performance showed a main
 439 effect of *distraction* [$F(1,7)$ range from 5.20 to 20.66 (2–4 s),
 440 $F(1,7)$ range from 4.69 to 12.96 (6–8 s)], and only low-
 441 performance participants showed a significant interaction of

442 *distraction* and *recall mode* [$F(1,12)$ range from 4.56 to 14.59
 443 (2–4 s), $F(1,12)$ range from 4.31 to 8.75 (6–8 s)].

444 Fig. 7 shows results of the analysis of duration of high
 445 coherence in the alpha frequency band. The consistent
 446 coherence pattern found in alpha is similar to that in theta:
 447 there was a main effect of *recall mode* [$F(1,20)$ range from
 448 4.88 to 16.21 (2–4 s), $F(1,20)$ range from 4.66 to 10.35 (6–
 449 8 s)], a main effect of *distraction* [$F(1,20)$ range from 3.91
 450 to 17.85 (2–4 s), $F(1,20)$ range from 4.51 to 22.84 (6–8 s)],
 451 and a significant interaction of *distraction* and *recall mode*
 452 [$F(1,20)$ range from 4.34 to 7.38 (2–4 s), $F(1,20)$ range
 453 from 4.58 to 17.61 (6–8 s)] on duration of high coherence.
 454 As in theta, coherence duration increased from *quiet* to

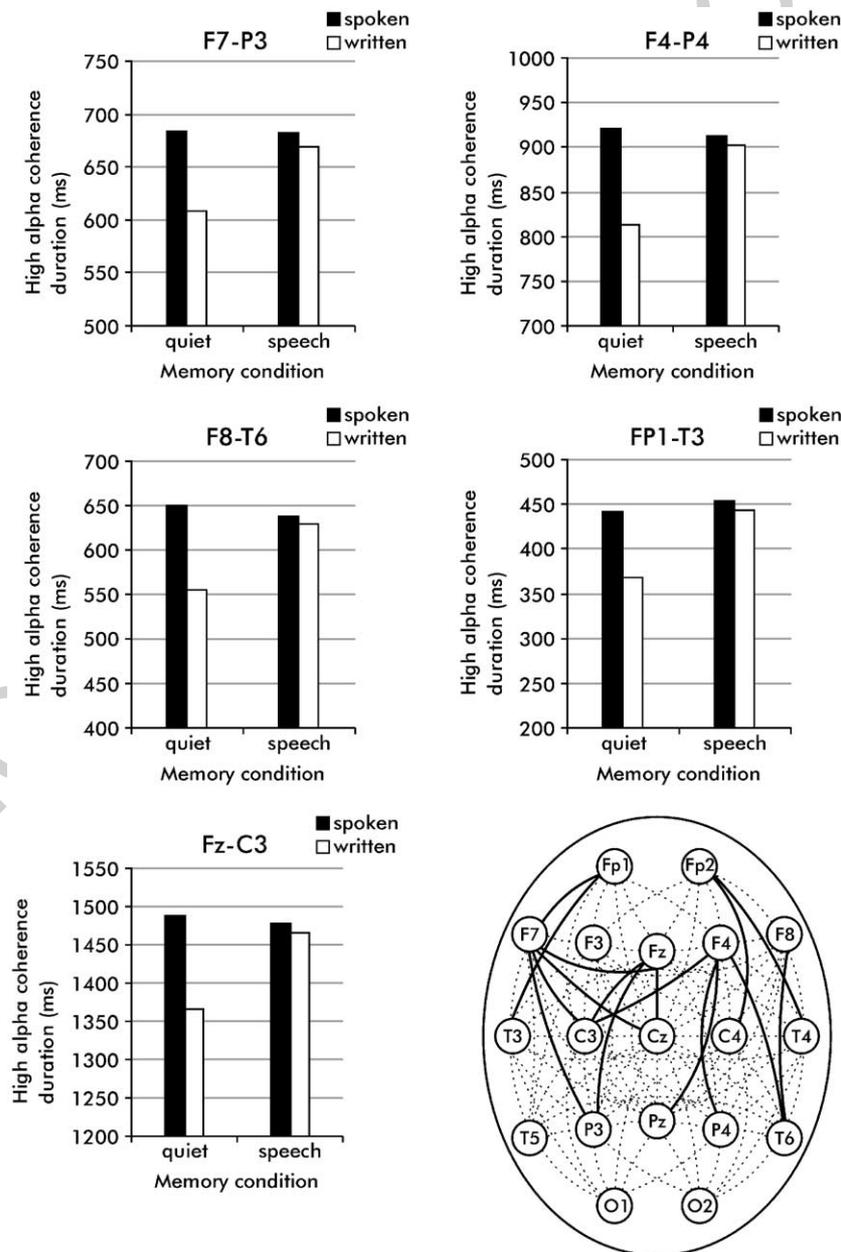


Fig. 7. Duration of high coherence in alpha (8–12 Hz). The pattern and electrode pairs illustrated here are similar to those of theta (see Fig. 5). Electrode combinations showing the significant coherence pattern as selectively represented in the graphs are more laterally distributed (solid lines in the topographic map) than in theta.

455 *speech* in the *written* but not in the *spoken* condition. The
 456 electrode combinations involved were also similar to those in
 457 theta, i.e. fronto-parietal and left fronto-central electrode pairs,
 458 but altogether more laterally distributed than in theta.

459 Results for coherence duration in the beta frequency band
 460 are presented in Fig. 8. No main effect of *distraction* was
 461 found, but there was a main effect of *recall mode* [$F(1,20)$
 462 range from 4.97 to 15.56 (2–4 s), $F(1,20)$ range from 4.40 to
 463 13.97 (6–8 s)], and a significant interaction of *distraction*
 464 and *recall mode* [$F(1,20)$ range from 4.96 to 13.64 (2–4 s),
 465 $F(1,20)$ range from 4.19 to 10.04 (6–8 s)] on durations of
 466 high coherence. *Spoken* and *written* recall differed signifi-
 467 cantly under the condition of *irrelevant speech* with *spoken*

revealing shorter beta coherence duration at left-hemispheric
 leads.

4. Discussion

4.1. Gamma coherence and memory rehearsal

In a previous experiment (Kopp et al., 2004) we investigated
 the disruptive effect of irrelevant speech in a highly similar
 delayed serial recall paradigm with spoken recall only. As the
 most important result we found gamma coherence decreases at
 central and left frontal electrode combinations during the
 retention interval. These results were fully replicated in the

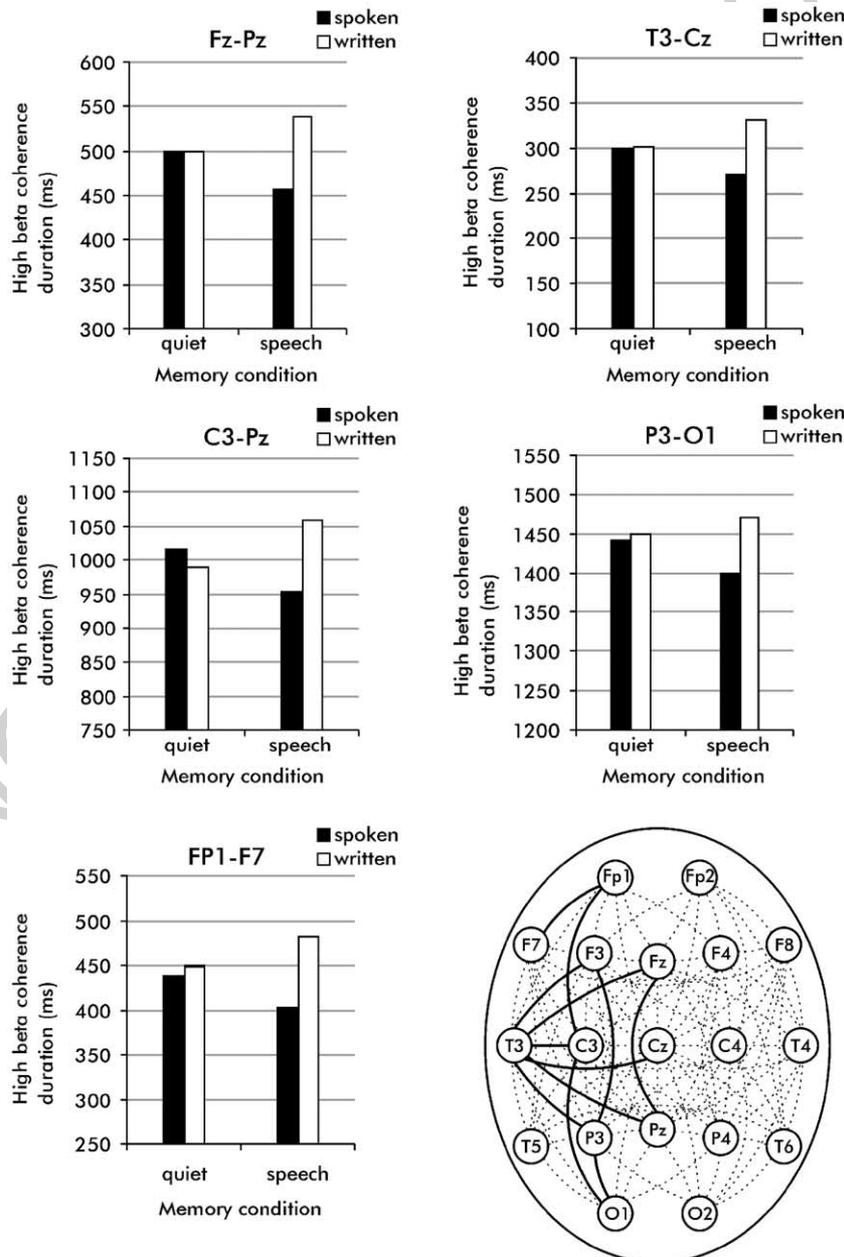


Fig. 8. Beta (13–20 Hz) coherence durations. A left-hemispheric network of electrode combinations showed a significant difference between the recall modes in the speech condition. The graphs again illustrate this pattern for five selected electrode pairs whereas the topographic map shows all electrode pairs revealing these significant effects (solid lines).

478 *spoken* condition of the present experiment. The neural basis
479 for the classic irrelevant speech effect well studied in
480 behavioral research (Colle and Welsh, 1976; Salamé and
481 Baddeley, 1982, 1989) seems to be a disruption of left frontal
482 and central networks in gamma. EEG coherence turned out to
483 be a reliable measure in our study, particularly duration of high
484 coherence — a rather rarely applied measure. This is an
485 important outcome since reliability is a prerequisite for
486 acceptance of coherence results (Harmony et al., 1993).

487 Regarding gamma coherence in *written* recall, however, no
488 decrease in central or left frontal electrode combinations was
489 found from *quiet* to *irrelevant speech*. Behavioral data suggest
490 that written recall is somehow easier to accomplish than spoken
491 recall. This view is supported by all participants, who reported
492 subjectively easier written conditions. There may be several
493 reasons for this effect. First, following the participants' reports,
494 one may postulate a sort of facilitation of executive functions
495 while writing down the to-be-remembered items. Second (see
496 also Introduction), Craik (1970) who found a superiority of
497 written recall performance hypothesized that writing down the
498 answers allows simultaneous rehearsal of the last items that are
499 then better recalled. In contrast, in spoken recall articulating the
500 first few items may interfere with the information retained in
501 short-term memory. Third, Brimer and Mueller (1979) assume
502 that participants review their written outputs and could use
503 them as retrieval cues to access unrecalled items. All
504 explanations relate to the recall process. By using online
505 measures in our experiment, however, we were able to
506 demonstrate that interference due to recall mode is already
507 present at the stage of rehearsal.

508 The behavioral superiority effect of written recall as found
509 in this and in other studies (Craik, 1970; Murray, 1965) raises
510 the question of whether or not written recall is too easy to
511 reduce high gamma coherence in irrelevant speech at all. Our
512 behavioral data argue against this view: A pronounced
513 irrelevant speech effect was found in *written* as well as in
514 *spoken* conditions. Formation of subgroups in coherence
515 analysis of gamma activity did not clarify the problem of
516 absence of effects in the gamma range. Participants with a
517 strong irrelevant speech effect in *written* did not show any
518 decrease in the duration of high gamma coherence from *quiet*
519 to *speech* either. Inspection of the EEG data did not reveal the
520 opposite coherence pattern at other electrode sites or frequency
521 bands, i.e., a decrease of high gamma coherence in *written*
522 from *quiet* to *speech* with simultaneously constant coherences
523 in *spoken* recall.

524 Although behavioral performance in this study (main effect
525 of *recall mode* without interaction between *distraction* and
526 *recall mode*) points to the idea that rehearsal processes in
527 *spoken* and *written* recall tasks – though different in quantity –
528 are qualitatively similar, synchronization patterns of brain
529 activity give another picture. Results show a clear interaction
530 between *distraction* and *recall mode* in duration of high
531 gamma coherence. There might be a fundamental difference in
532 the way how participants retain items in *written* compared to
533 *spoken* recall. Walker and Hulme (1999) found significant
534 effects for word length and concreteness of nouns on recall

performance in a serial recall task. However, these effects
occurred both in spoken and in written recall mode. Walker and
Hulme concluded that word length and concreteness affect
memory tasks at a processing stage prior to the point where
written and spoken recall become separate processes. Our data
suggest that the influence of recall mode begins at a relatively
early stage, i.e. irrelevant speech and recall mode already
interact during the rehearsal interval.

An important factor is how people rehearse items. In this
serial recall task we prompted participants to rehearse
subvocally by using a relatively short presentation time per
item. This procedure limits the possibility of constructing more
elaborative representations or developing visual strategies like
memorizing in a visuo-spatial way or forming visual or other
kinds of associations. Participants indeed confirmed this.

Nevertheless, coherence patterns suggest that there must
have been some difference between *written* and *spoken* during
rehearsal. A promising idea is the assumption of a parallel
visual code that contributes to recall performance as well.
Logie et al. (2000) found a visual similarity effect for visually
presented words and its interaction with the articulatory
suppression effect. They concluded that participants rely on
subvocal rehearsal but when this is disturbed, the visual code
remains available to support recall. A similar model came from
Rönnberg and Nilsson (1987) who hypothesized that the visual
system has a “richer” spectrum of processing options than the
auditory system and when auditory pathways are disrupted,
people can still choose between different visual processing
options. This fact, for example, allows deaf people to
compensate better in verbal short-term memory tasks than
blind people (Rönnberg and Nilsson, 1987). Penney (1989)
reviewed studies that investigated short-term storage of
auditory and visual items and suggested a separate-stream
hypothesis: Visual items, in contrast to auditory items, are
retained both in a phonological and in a visual code. Some
evidence for a dual-route theory (Coltheart et al., 1993) comes
from neuroanatomical studies. Specific structures in the brain
were identified that show enhanced activity when visual word
forms are stored directly from sensory visual input whereas a
separate stream goes via phonological recoding (Fiebach et al.,
2002; Jobard et al., 2003). These kinds of mechanisms can be
transferred to the present experimental situation. With visual
presentation and written recall, a parallel visual code, operating
in addition to phonological rehearsal, may remain more
strongly activated than with spoken recall.

Finally, recall in the non-spoken mode may be easier
because interference by auditory distraction (irrelevant speech)
is attenuated or compensated. Considered that irrelevant speech
meets the auditory modality of spoken recall while it does not
with written recall the difference may be explained in an
attentional context. Differential effects of visual and auditory
attention within and between modalities are in line with this
explanation (Alho et al., 2003; Talsma and Kok, 2001, 2002;
Vorobyev et al., 2004). One possibility to further explore the
interaction of recall mode and distraction by irrelevant speech,
and the main effect of recall mode is the random presentation
of trials with written and spoken recall (in contrast to our block

592 by block design). Participants would not be able to anticipate
 593 recall mode which should affect rehearsal. Moreover, it is
 594 necessary to compare results with auditory presentation of
 595 memory items and with visual presentation of distractor items.

596 4.2. Fronto-parietal theta/alpha coherence and working 597 memory demands

598 As for theta, fronto-posterior synchronizations have been
 599 found to be associated to working memory demands (Sarnthein
 600 et al., 1998; Sauseng et al., 2004; Sommerfeld et al., 1999) and
 601 are often interpreted as an indicator of capacity or task
 602 difficulty with increasing working memory load. This inter-
 603 pretation is again confirmed in our analysis of subgroups
 604 according to digit span and according to behavioral “baseline”
 605 performance. Considering patterns of the duration of high theta
 606 synchronizations in this study, participants with high working
 607 memory capacity or high behavioral performance seem to be
 608 able to decrease fronto-posterior theta coherence values in the
 609 condition *quiet* in *spoken* recall, whereas participants with low
 610 digit span or low performance are not able to do so but need to
 611 maintain the high level of theta synchronization in this difficult
 612 experimental condition. An alternative explanation could be
 613 that condition *speech* in *spoken* recall is such a difficult and
 614 demanding one (confirmed by behavioral performance and
 615 subjective reports) that participants with low working memory
 616 capacity have some kind of ceiling effect in their theta
 617 synchronization and are not able to increase this synchroniza-
 618 tion anymore in case of a further increase of working memory
 619 demands or at least they may not be able to maintain high theta
 620 synchronizations for a long period of time.

621 A similar pattern of coherence was found in the alpha band
 622 with similar statistically significant results and similar electrode
 623 positions. This is not surprising considering findings of co-
 624 occurring theta and alpha coupling in synchronization studies
 625 (Von Stein et al., 2000; Von Stein and Sarnthein, 2000).
 626 Sauseng et al. (2005) report a parallel increase of theta long-
 627 range coherence and a decrease of upper alpha short-range
 628 connectivity correlated to executive demands in working
 629 memory. Schack et al. (2005) found a load dependent increase
 630 in phase coupling between theta and upper alpha in a memory
 631 scanning task. These results and findings from Klimesch et al.
 632 (1999) suggest that a further refinement in lower and upper
 633 alpha could be effective to explain alpha activity in the memory
 634 paradigm in more detail.

635 4.3. Left-hemispheric beta coherence increase with irrelevant 636 speech in written recall

637 The role of beta EEG responses is of increasing interest in
 638 cognitive processes, for example in face recognition (Özgören
 639 et al., 2005), mental arithmetic (Mizuhara et al., in press), in
 640 retention of sentences (Haarmann and Cameron, 2005), and
 641 semantic–pragmatic integration in sentence comprehension
 642 (Weiss et al., 2005). In our study coherence results of the beta
 643 band might reflect language-specific processes. This view is
 644 supported by several coherence studies reporting specific left-

hemispheric beta coherence changes as a function of modality- 645
 independent language processes or search processes in 646
 semantic memory (Supp et al., 2004; Weiss and Rappelsberger, 647
 1996). Furthermore, beta activity is also closely related to 648
 motor learning and motor preparation and execution (Alegre et 649
 al., 2004; Andres and Gerloff, 1999; Kilner et al., 2004; 650
 Stancak and Pfurtscheller, 1996, 1997). The significant effect 651
 of *recall mode* in our study leads to the assumption that 652
 different preparatory mechanisms are started for different 653
 motor actions (*spoken* vs. *written* recall) during the retention 654
 interval. The pronounced difference between the recall modes 655
 under the condition of irrelevant speech indicates a stronger 656
 involvement of left-hemispheric activities in preparing writing 657
 sequences. Auditorily presented irrelevant speech could possi- 658
 bly interfere more in *spoken* than in *written*. In order to relate 659
 left-hemispheric activity changes to motor processes we 660
 analyzed handedness of participants post hoc (Edinburgh 661
 inventory, Oldfield, 1971). Having excluded left-handed 662
 (one) and ambidextrous (one) participants (for individual 663
 handedness see Table 1) the remaining right-handed partici- 664
 pants were found to show the observed beta coherence pattern, 665
 whereas left-handed and ambidextrous people did not. How- 666
 ever, results of only two participants are not representative and 667
 should be analyzed explicitly in further experiments. 668

669 4.4. Conclusion

670 To summarize, we found that EEG coherence during short- 670
 term verbal rehearsal and distraction of rehearsal by irrelevant 671
 speech depends on recall mode. The written mode is easier than 672
 the spoken mode as behavioral data show. Behavioral measures 673
 were not sensitive to the differential influence of recall mode 674
 on the irrelevant speech effect. Nevertheless, coherence 675
 patterns show pronounced interactions between recall mode 676
 and distraction in gamma, theta, alpha and beta frequency 677
 bands reflecting clear processing differences prior to recall. 678
 With respect to psychological theories of the irrelevant speech 679
 effect our results confirm the idea that irrelevant speech affects 680
 phonological rehearsal of to-be-remembered items (Baddeley, 681
 2000) and/or their serial order (Jones et al., 1992). Importantly, 682
 EEG coherence as an online measure of brain activity revealed 683
 that the effects extend from the early period of irrelevant 684
 speech presentation (2–4 s) until late periods (6–8 s). 685
 Moreover, the present results revealed that irrelevant speech 686
 exerts its effects in several ways as indicated by differential 687
 effects in gamma, theta/alpha, and beta bands. This suggests 688
 that there is not a single mechanism underlying the irrelevant 689
 speech effect or, instead, the irrelevant speech effect is 690
 instantiated in a rather complex manner involving many sub- 691
 processes. The influence of recall mode on the effects of 692
 irrelevant speech support this notion. 693

694 On a more general level, the present data deliver additional 694
 evidence that induced and evoked gamma band activity at a 695
 single site (Herrmann et al., 2004; Tallon-Baudry et al., 1999) 696
 and gamma coherence between different sites (e.g. Miltner et 697
 al., 1999) are related to basic memory operations such as 698
 encoding, rehearsal and retrieval. Aspects of working memory 699

700 demand, however, were reflected in fronto-posterior synchro-
701 nization of theta and alpha band being consistent with previous
702 studies (e.g. Sarnthein et al., 1998; Sauseng et al., 2005). Note
703 that networks involved in different aspects of this memory task
704 may even overlap (left fronto-central electrode combinations in
705 gamma, theta, and alpha). Thus, within the same task the brain
706 processes different aspects not only in different brain areas as
707 neuroimaging studies indicate (e.g. Gisselgard et al., 2003) but
708 codes these different processes in the frequency domain as well.

709 5. Uncited reference

710 Lisman and Idiart, 1995

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